

## KNRUHS - TIMETABLE FOR FOUNDATION COURSE

TIMETABLE WEEK-1						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9-10 am	ORIENTATION <sup>1</sup>	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION
10-11am	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION
11-12pm	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION
12-1pm	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION
1-2pm	<b>L U N C H</b>					
2-3 pm	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION	ORIENTATION
3-4pm	LANGUAGE /COMP <sup>2</sup>	LANGUAGE /COMP	LANGUAGE/ COMP	LANGUAGE / COMP	LANGUAGE/ COMP	LANGUAGE/ COMP
4-5 pm	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS

TIMETABLE WEEK-2						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9-10am	FIELD VISIT <sup>5</sup>	FIELD VISIT	ETHICS/ PROF.DEV <sup>3</sup>	ETHICS/ PROF.DEV	ETHICS/ PROF.DEV	ETHICS/ PROF.DEV
10-11am	FIELD VISIT	FIELD VISIT	SKILLS TRAINING <sup>4</sup>	SKILLS TRAINING	SKILLS TRAINING	SKILLS TRAINING
11-12pm	FIELD VISIT	FIELD VISIT	SKILLS TRAINING	SKILLS TRAINING	SKILLS TRAINING	SKILLS TRAINING
12-1pm	FIELD VISIT	FIELD VISIT	SKILLS TRAINING	SKILLS TRAINING	SKILLS TRAINING	SKILLS TRAINING
1-2pm	<b>L U N C H</b>					
2-3 pm	LANGUAGE/ COMP	LANGUAGE/ COMP	LANGUAGE / COMP	LANGUAGE / COMP	LANGUAGE / COMP	LANGUAG / COMP
3-4pm	LANGUAGE/ COMP	LANGUAGE COMP	LANGUAGE/ COMP	LANGUAGE / COMP	LANGUAGE / COMP	LANGUAGE/ COMP
4-5pm	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS



FOUNDATION COURSE					
FOUNDATION COURSE	WEEK 1	WEEK 2	WEEK 3	WEEK 4	TOTAL HOURS
ORIENTATION	30	0	0	0	30
SKILLS MODULES/TRAINING	0	12	12	12	35(+1)=36
FIELD VISITS	0	8	0	0	8
ETHICS/PROF DEV	0	4	18	18	40
SPORTS/ECA	6	6	6	8	22(+4)=26
COMPUTERS/LANGUAGE	6	12	12	10	40
					175 (+5)=180

## 1. ORIENTATION

### (i) **The medical profession and the physician's role in society**

#### *Doctor's role in Society*

- a) Expectations of society from doctors b) Expectations of patients from doctors c) Expectation of the profession from its members d) Roles and responsibilities of doctors e) Gender sensitivity

#### *What can the student expect?*

- a) From the society and nation b) From the institution c) From teachers d) From peers and colleagues e) From patients

#### *Relating to patients experience of the disease*

#### *Documentation and the medical record*

### (ii) **The MBBS programme**

#### *Overview of the MBBS program*

a) Curriculum description b) Career pathways & personal growth c) Role at various levels of health care delivery system d) Skill requirements and certifications e) Examinations f) University rules regarding examinations and attendance

**(iii) Alternate health systems in the country and history of medicine**

Introduction to alternate health care systems in the country and their relevance and relationship to the practice of modern medicine

**(iv) Health care system and its delivery**

**(v) National health priorities and policies**

**(vi) Universal precautions and vaccinations**

**(vii) Patient safety and biohazard safety**

a) Handwashing b) Needle /scalpel stick injuries c) Immunisation requirements of health care professionals d) Concept of biosafety e) Handling biomaterial/ biowaste management

**(viii) Principles of primary care (general and community based care)**

**(ix) The Medical College**

***Orientation of the student to:***

a) Rules and regulation b) Facilities c) Faculty d) Facility visits – library, hostels , sports ground, common rooms e) Library visits and facility orientation f) Hospital visit

**2. LANGUAGE AND COMPUTER**

Learners may be enrolled in one of the following programmes which will be run concurrently: (a) Local language programme (b) English language programme (c) Computer skills.

**Computer :** Computer using skills, E- learning including Self Directed learning, use of online resources, distance learning, literature search etc.

### **3. MEDICAL ETHICS, ATTITUDES AND PROFESSIONALISM**

- a) Concept of professionalism and ethics b) Consequences of unethical and unprofessional behavior c) Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients d) Functioning as part of a health care team e) Group dynamics

### **4. SKILLS TRAINING**

**(i) Language**

**(ii) Interpersonal relationships**

**(iii) Communication** (Interpersonal communication, communication with patients and families etc)

**(iv) Learning including self-directed learning**

- a) Learning pedagogy b) Self directed learning c) Learning strategies d) Community based learning e) Peer assisted learning f) Use of online resources h) Group learning i) Assessment driven learning j) Simulation based learning k) Learning from patients and other members of the health care team

**(v) Time management (vi) stress management**

**(vii) Use of information technology**

**(viii) First-aid (ix) Basic life support**

### **5. FIELD VISITS**

- a) Visit a community health center b) Introduction to health care workers and their role c) Introduction to and interaction with patients

**Small group teaching methods** needs to be used for Skills training and Language/ Computer skills  
Sessions must be interactive as possible

Foundation Course will have compulsory 75% attendance to be certified by Principal/Dean