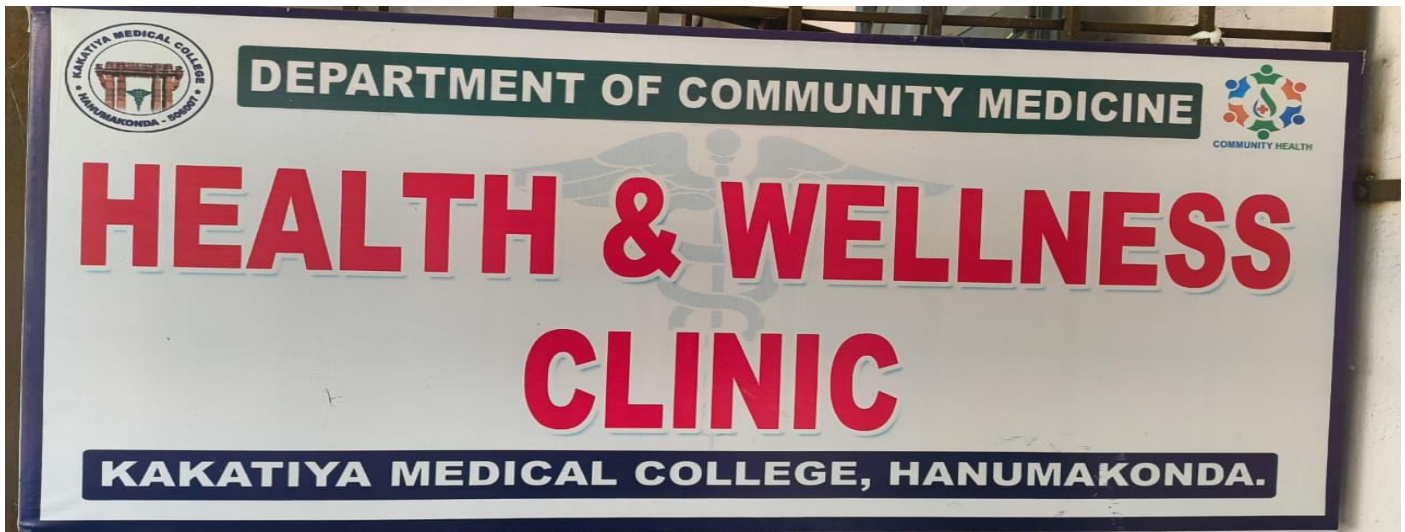




**HEALTH AND WELLNESS CLINIC
DEPARTMENT OF COMMUNITY MEDICINE
KAKATIYA MEDICAL COLLEGE**



Venue: Kakatiya Medical College, Dept of community medicine ,1st floor
Demo room 2.

About the Clinic:

The Department of Community Medicine is providing **comprehensive health services within the college campus**. This initiative integrates **preventive, promotive, and lifestyle-based healthcare** for teaching faculty, nonteaching staff, paramedical staff and students, contract workers, agile workers, undergraduate and postgraduate medical students and all the other people working for the institution.





MEDICATIONS



VACCINES (Tetanus toxoid, Anti Snake Venom, Anti Rabies Vaccine, Human Rabies Immunoglobulin)



GLUCOMETER and STRIPS



HEMOGLOBINOMETER AND STRIPS



BP APPARATUS, PULSEOXIMETER, THERMOMETER

Objectives:

The clinic has been established with clear and impactful objectives:

- **Preventive Screening:** Early detection of non-communicable diseases (NCDs) such as diabetes, hypertension, and cancers.
- **Counselling Services:** Guidance on nutrition, mental health, and substance abuse to support healthier choices.
- **Lifestyle Promotion:** Encouraging physical activity, balanced diets, and stress management practices.
- **Awareness and Education:** Creating health literacy among the urban population, emphasizing disease prevention and early detection.
- **Training Platform:** Serving as a hands-on learning environment for medical students, interns, and postgraduates.

Multidisciplinary Approach:

The clinic emphasizes collaboration across disciplines, involving:

- Medical interns and postgraduates
- Health educators
- Social workers

This approach ensures that healthcare delivery is **comprehensive, inclusive, and community-oriented**, while simultaneously enriching the training experience of students.

Significance:

The Health and Well-Being Clinic is more than a service facility—it is a **model training ground** for future healthcare professionals. By combining patient care with academic learning, it bridges the gap between theory and practice. The initiative also highlights the importance of **preventive medicine and lifestyle interventions** in combating the rising burden of NCDs.

Conclusion:

The establishment of the Health and Well-Being Clinic at Kakatiya Medical College reflects the institution's commitment to **community health, preventive care, and holistic wellness**. It not only provides essential health services to the college community but also equips students with practical skills and a multidisciplinary perspective. This initiative stands as a progressive step toward building healthier communities through education, awareness, and integrated healthcare.

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